Optical binding with cold atoms

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Optical binding is a form of light-mediated forces between elements of matter which emerge in response to the collective scattering of light. Such a phenomenon has been studied mainly in the context of the equilibrium stability of dielectric array spheres which move amid dissipative media. In this article, we demonstrate that optically bounded states of a pair of cold atoms can exist, in the absence of nonradiative damping. We study the scaling laws for the unstable-stable phase transition at negative detuning and the unstable-metastable one for positive detuning. In addition, we show that angular momentum can lead to dynamical stabilization with infinite-range scaling.

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I. INTRODUCTION

The interaction of light with atoms, from the microscopic to the macroscopic scale, is one of the most fundamental mechanisms in nature. After the advent of the laser, new techniques were developed to manipulate precisely objects of very different sizes with light, ranging from individual atoms [1] to macroscopic objects in optical tweezers [2]. It is convenient to distinguish two kinds of optical forces which are of fundamental importance: the radiation pressure force, which pushes the particles in the direction of the light propagation, and the dipole force, which tends to trap them into intensity extrema, as, for example, in optical lattices. Beyond single-particle physics, the multiple scattering of light plays an important role in modifying these forces. For instance, the radiation pressure force is at the origin of an increase of the size of magneto-optical traps [3] whereas dipole forces can lead to optomechanical self-structuring in a cold atomic gas [4] or to optomechanical strain [5].

For two or more scatterers, a mutual exchange of light results in cooperative optical forces which may induce optical mutual trapping, and eventually correlations in the relative positions of the particles at distances of the order of the optical wavelength. This effect, called optical binding, was first demonstrated by Golovchenko and co-workers [6,7], using two dielectric microsized spheres interacting with light fields within dissipative fluids. Since then a number of experiments with different geometries and with an increasing number of scatterers have been reported, all using a suspension of scatterers in a fluid, thus providing a viscous damping of the motion of the scatterers [8–15].

Equilibrium is reached when viscous friction dominates the light-induced dynamics, a regime on which previous studies have focused. For instance, the bistability of equilibrium separations [11] and one-dimensional optically restoring forces [13] were observed in a system of two dielectric particles suspended in a viscous fluid. Furthermore, theoretical simulations have predicted stable configurations for microsphere arrays in two-dimensional (2D) compositions [8,10]. Actually, out-of-equilibrium bound motion with light-mediated forces has been assumed to be possible only above a critical damping [16].

In this article, we consider a pair of cold atoms to demonstrate optically bound motion in the absence of nonradiative friction. As the atoms are confined in two dimensions by two counterpropagating lasers (see Fig. 1), the angular momentum becomes a conserved quantity, which guarantees perpetual motion. We also study the response of the two-body system to detuning between the pump and the atomic transition, a parameter which has yet to be considered, for dielectric spheres.

After introducing the dipole model in Sec. II, in Sec. III we study the scaling laws for bound states of pairs of atoms without angular momentum, comparing our findings to known results on dielectric spheres [6,7]. We then turn to a more general situation in Sec. IV, setting a finite angular momentum for a pair of atoms, and discuss the regimes reached owing to dynamical stability. Finally, we draw our conclusions and discuss possible future works.

II. MODEL

We consider a system composed of two two-level atoms of equal masses $m$ which interacts with the radiation field. Using the dipole approximation, the atom-light interaction is described by

$$H_{AL} = - \sum_{j=1}^{2} \mathbf{D}_j \cdot \mathbf{E}(r_j),$$

where $\mathbf{D}_j$ is the dipole operator and $\mathbf{E}(r_j)$ the electric field calculated at the center of mass $r_j$ of each atom. Under the dipole approximation, the light wavelength is much larger than the typical atom size, which motivates a classical description of the center-of-mass motion. Considering a linear optics regime of low pump intensities, the Heisenberg equations of motion for the expected values of the atomic dipoles $\beta_j$ and of their center-of-mass positions reduce to the following classical dynamical system [17],

$$\dot{\beta}_j = \left( i \Delta - \frac{\Gamma}{2} \right) \beta_j - i \Omega - \Gamma G(\beta_j - \beta_l) \beta_l,$$

$$\dot{r}_j = - \frac{\hbar \Gamma}{m} \text{Im}[\nabla_{r_j} G(|r_j - r_l|) \beta_l^* \beta_l], \quad l \neq j.$$
The present work assumes that the atoms are trapped in the $z = 0$ plane, a situation which can be obtained with a pair of counterpropagating plane waves, for example. The strength of the atom-laser coupling in that plane is given by the Rabi frequency $\Omega$ of the resulting stationary wave, whose frequency $\omega_L = \epsilon k$ is tuned close to the two-level transition frequency $\omega_{at}$. $m$ is the mass of the atom, $\Gamma$ is the decay rate of its excited state, and $\Delta = \omega_L - \omega_{at}$ the detuning between the laser and the associated atomic transition. The light-mediated long-range interaction between the atoms is given, in the scalar light approximation, by the Green’s function

$$G(|r_j - r_i|) = \frac{e^{ik|r_j - r_i|}}{ik |r_j - r_i|},$$

where $G$ has been obtained from the Markovian integration over the vacuum modes of the electromagnetic field [17], which makes the two-atom system an open one.

Equation (2) thus describes the dipole dynamics under the influence of the pump and of the radiation of the other dipole, in the linear optics regime, whereas Eq. (3) captures the atom motion under the effect of an optical force generated by the other atom (the 2D trapping beams do not generate any force in the plane orthogonal to their propagation). Note that, while the dipole amplitude $\beta_j$ responds linearly to the light field $\Omega$, their mutual coupling with the centers-of-mass dynamics is responsible for the nonlinearity emerging in Eqs. (2) and (3). Similar emergent nonlinearities are at the origin of photon bubbles [18] and optomechanical pattern formation [4].

This coupled dipole model has been shown to provide an accurate description of many phenomena based on cooperative light scattering, such as the observation of a cooperative radiation pressure force [19,20], superradiance [21] and subradiance [22] in dilute atomic clouds, linewidth broadening, and cooperative frequency shifts [23,24]. In such a description, quantum matter wave effects are neglected. Also, quantum optics effects, expected to arise for strong pump intensities, are not taken into account. In particular, Eq. (3) neglects the contribution of stochastic heating which rises from the random nature of the spontaneous emission recoils. As a first step, this hypothesis is a convenient simplification since a bound motion can have its origin only from deterministic force laws. The implementation of a more realistic stochastic dynamics, for example, using a Langevin scheme, will be an important next step toward demonstrating the feasibility of bound states with cold atoms.

Central force problems, as the one described by Eqs. (2) and (3), are best studied in the relative coordinate frame, so we define the following coordinate transformations,

$$b = \beta_1 - \beta_2,$$  

$$B = \frac{\beta_1 + \beta_2}{2},$$  

$$r = r_1 - r_2,$$  

$$R = \frac{r_1 + r_2}{2},$$

where $B$ and $b$ are the average and differential dipoles, and $R$ and $r$ the center-of-mass and differential positions. As the motion is restricted to two dimensions, we choose the polar coordinate parametrization $r = r (\cos \phi, \sin \phi)$, which yields the following dynamical equations,

$$b = -\frac{\Gamma}{2} \left[ 1 - \frac{\sin kr}{kr} - i \left( 2\beta - \frac{\cos kr}{kr} \right) \right] b,$$  

$$\dot{B} = -\frac{\Gamma}{2} \left[ 1 + \frac{\sin kr}{kr} - i \left( 2\beta + \frac{\cos kr}{kr} \right) \right] B - i \Omega,$$  

$$\dot{r} = \frac{2L^2}{m r^3} - \frac{\Gamma \hbar k}{2m} \left( \frac{\sin kr}{kr} + \frac{\cos kr}{k^2 r^2} \right) (4|B|^2 - |b|^2),$$  

$$L = \frac{d}{dt} \left( \frac{m r^2 \dot{\phi}}{2} \right) = 0,$$

where the center-of-mass dynamics has naturally decoupled from all equations. The angular momentum $L = mr\dot{\phi}$ of the system is a conserved quantity, with $v_\perp$ the magnitude of the velocity perpendicular to the interparticle separation $r = r_1 - r_2$.

This is a fundamental difference with other optical binding systems where the angular momentum is quickly driven to zero by friction.

### III. Stability Analyses for $t = 0$

In order to study optically bound states, we first have to identify the equilibrium points of the system. We start by highlighting the absence of the source term in Eq. (9), so the relative dipole coordinate $b$ vanishes on a time scale of the order of $1/\Gamma$, which is very fast compared to the atomic motion. Therefore, the atoms can be considered always synchronized and the interatomic dynamics couples only to the average dipole $B$. This synchronized mode has a dimensionless energy $-\cos kr/2kr$, relative to the atomic transition, and a dimensionless decay rate $1 + \sin kr/kr$. It becomes clear later that around the equilibrium points of the dynamics $|r| \approx (n + 1/2)\pi$, $n$ integer], this rate is very close to unity, so no superradiant or subradiant behavior is expected.

Assuming $b = 0$ for all times, it is possible to write

$$B = \beta_1 = \beta_2 \equiv \beta e^{i\chi},$$

where $\beta$ is the average dipole amplitude, $\chi$ is the average phase, and $e^{i\chi}$ is the phase difference.

The present work assumes that the atoms are trapped in the $z = 0$ plane, a situation which can be obtained with a pair of counterpropagating plane waves, with the wave vector orthogonal to that plane. The light exchange between the atoms induces the 2D two-body optically coupled dynamics.

FIG. 1. Two atoms evolve in the $z = 0$ plane, trapped in 2D by counterpropagating plane waves, with the wave vector orthogonal to that plane. The light exchange between the atoms induces the 2D two-body optically coupled dynamics.
with $\beta \geq 0$ and $\chi \in \mathbb{R}$, which yields the following set of reduced dynamical equations,

$$
\dot{\beta} = -\frac{\Gamma}{2} \left(1 + \frac{\sin kr}{kr}\right) \beta - \Omega \sin \chi, \quad (14)
$$

$$
\dot{\chi} = \Delta + \frac{\Gamma}{2} \frac{\cos kr}{kr} - \frac{\Omega}{\beta} \cos \chi, \quad (15)
$$

$$
\ddot{r} = \frac{2L^2}{m^2r^5} - \frac{2\Gamma \hbar k}{m} \left(\frac{\sin kr}{kr} + \frac{\cos kr}{k^2r^2}\right) \dot{\beta}^2. \quad (16)
$$

The equilibrium points of these equations are given by choosing $\dot{\beta} = \dot{\chi} = 0$, namely,

$$
\beta_0 = \frac{2\Omega}{\Gamma} \int \left(1 + \frac{\sin kr}{kr}\right)^2 + \left(2\delta + \frac{\cos kr}{k^2r^2}\right)^2 \right)^{-\frac{1}{2}}, \quad (17)
$$

$$
\chi_0 = \arctan \left(-\frac{1 + \frac{\sin kr}{kr}}{2\delta + \frac{\cos kr}{k^2r^2}}\right), \quad (18)
$$

which, combined with $\ddot{r} = 0$, gives the equilibrium condition for the interatomic separations,

$$
F \equiv \frac{\ell^2}{k^2r^3} - \frac{\Omega^2}{\Gamma^2} \left(1 + \frac{\sin kr}{kr}\right)^2 + \left(2\delta + \frac{\cos kr}{k^2r^2}\right)^2 = 0. \quad (19)
$$

The equilibrium points are then obtained from the zeros of $F$ (see Fig. 2). In particular, Fig. 2(a) illustrates the dependence of $F$ on the angular momentum and on the detuning, showing that the zeros of $F$ tend to disappear as we get farther from resonance or at a larger angular momentum. Note that Eq. (19) depends on the pump strength $\Omega/\Gamma$, laser detuning $\delta \equiv \Delta/\Gamma$, and the dimensionless angular momentum $\ell \equiv Lk/2\sqrt{\hbar \Gamma m} = krv_\perp/\sqrt{2\ell \nu_{\text{dep}}}$, where $\nu_{\text{dep}} = \hbar \Gamma/2m$ corresponds to the Doppler temperature of the two-level laser cooling. This equation includes both stable and unstable equilibrium points. For the particular case $\ell = 0$, the equilibrium points are given by the simplified condition $\tan kr = -1/kr$ which does not depend on the light-matter coupling $\Omega$ or $\Delta$, but only on the mutual distance between the atoms. The details of the light-matter interaction will, however, come into play when the stability of these equilibrium points is considered.

As pointed out in Ref. [16], linear stability may not be sufficient to provide a phase diagram with bound states. We thus choose to study its stability by integrating numerically the dynamics, starting with a pair of atoms with initial velocities, and moving around the equilibrium separation $r \approx \lambda$. We first focus on states without angular momentum, so the atoms are chosen with opposite radial velocities $v_\parallel$, parallel to the interatomic distance. We compute the escape time $\tau$ at which the atoms start to evolve as free particles by integrating the associated one-dimensional dynamics.

Figure 3(a) presents the stability diagram of the $r \approx \lambda$ equilibrium point, for a pair of atoms with an initial temperature of $T = 1 \mu K$. Throughout this article, the conversion between initial velocities and initial temperature is performed merely to give an idea of the typical atomic velocities involved. We perform this conversion by using the $^{87}$Rb atom mass $m = 1.419 \times 10^{-25}$ kg. We have also used in all simulations the values $\lambda = 780$ nm and $\Gamma \approx 6$ MHz. For zero angular momentum, the initial temperature is associated with the radial degree of freedom $k_B T = m v_\parallel^2$. In the lower (black) part of the diagram (low pump strength), free-particle states are always observed after a short transient $\tau \approx 0.1$ ms, which means that the optical forces are unable to bind the atoms [see the trajectory for $\delta = -2.5$ in Fig. 3(b)]. For negative $\delta$, a free-particle to bounded-motion phase transition occurs as the pumping strength $\Omega/\Gamma$ is increased. In the stable phase, the atoms’ mutual distance $r$ converges, oscillating to $r \approx \lambda$, as displayed for $\delta = -1$ in Fig. 3(b). We verified that these bound states, characterized by an infinite escape time $\tau$, occur around the equilibrium points $r = n\lambda$, with $n \in \mathbb{N}$. The unstable equilibrium points are found around $(n + 1/2)\lambda$, and contain only free-particle states. We stress that the damping observed in the bound-state region cannot be associated with a viscous medium as in Refs. [6,7]. In our case, the cooling of the relative motion for negative detuning can be understood as Doppler cooling in a multiple-scattering regime [25–27].

For positive detuning ($\delta > 0$), we also observe a free-particle to bound-state phase transition, symmetric to the negative detuning case [see Fig. 3(a)]. However, we find that these bound states appear to be only metastable, with the pair of atoms separating on large time scales [see Fig. 3(b)]. As presented in Fig. 4, the binding time tends to grow...
exponentially with the detuning $\delta$ in the metastable regime.

We have verified that the oscillations of an atom in the optical potential of another atom kept at a fixed position also result in an increase (decrease) of kinetic energy for positive (negative) detuning. These results of mutual heating or cooling are thus reminiscent of the asymmetry reported in multiple-scattering-based atom cooling schemes [25–27], but differ from previous works on the optical binding of dielectric spheres, which did not study the sign of the particles’ refractive index [14].

We have performed a systematic study of the free-to-bound state transition and identified the following scaling law for the critical initial temperature $T_c$ of this transition,

$$
\frac{T_c}{T_{Dopp}} = \frac{16}{\Gamma^2 + 4\Delta^2 kr}.
$$

with $T_{Dopp} = \hbar \Gamma / (2k_B)$ the Doppler temperature. This criterion can be obtained from the balance between the kinetic energy $E_{kin} = mk_B v^2 / 2$ and the dipole potential induced by the interference between the incident laser beam and the scattered light field,$$
V(r) = \frac{4\hbar \Omega^2}{\Gamma^2 + 4\Delta^2} \cos kr - kr.
$$

We recall that here we are considering zero angular motion dynamics, and the temperature is thus associated with the parallel (radial) velocity of the two atoms ($k_B T = m \langle v^2 \rangle$). Equation (20) is valid for atoms at large distances ($r \gg \lambda$) since, for short distances, corrections due to their coupling should be included. We note that this scaling law corresponds to the law derived for dielectric particles, where the interaction is given by $W = -\frac{1}{2} \alpha^2 E^2 k \cos kr/r$ [6], where the $\alpha^2$ scaling of the polarizability indicates double scattering. The corresponding scaling law for two-level atoms yields a dipole potential ($\propto \Omega^2$) but with double scattering and a corresponding square dependence of the atomic polarizability, which at large detuning scales as $\alpha^2 \propto 1 / \Delta^2$. The difference from previous work lies in the fact that we do not have an external friction or viscous force, which would dampen the atomic motion independently from the laser detuning. The metastable phase region is thus a different feature for cold atoms compared to dielectrics embedded in a fluid.

A fine analysis of the transition between bound states to metastable states in Fig. 3(a) shows a small shift $\delta_0$ compared to the single-atom resonance condition. The origin of this shift can be partially understood by the cooperative energy shift of the two-atom state at the origin of the dynamics for these synchronized dipoles. Indeed, despite the fact that the synchronized pair of atoms does not present any superradiant or subradiant effect, it possesses a finite energy $\delta_s = \cos kr / (2 kr)$, as can be observed in Eq. (10): This shift will thus be strongest for close pairs of atoms ($kr \approx \lambda / 2$). In addition to this cooperative effect, we identified an additional dependence on the velocity, so the total shift $\delta_0$ scales as

$$
\delta_0 \approx -\frac{\cos kr}{2 kr} - \frac{k v_1(\tau)}{\Gamma}.
$$

IV. STABILITY ANALYSES FOR $\ell > 0$

An additional feature emerging from the frictionless nature of the cold-atom system is the conservation of angular
momentum during the dynamics. This leads to a striking difference from optical binding with dielectric particles as we can obtain rotating bound states. Examples of such states are shown in Fig. 5: The pair of atoms can reach a rotating bound state with a fixed interparticle distance, but it may also support stable oscillations along the two-atom axis far from resonance [see Figs. 5(c) and 5(d)], analogous to a molecule vibrational mode. As in the 1D case, the atoms may remain coupled for long times, before eventually separating [see Figs. 5(e) and 5(f)]. As can be seen in Eq. (19), for \( \ell \neq 0 \) the stationary points are circular orbits in the plane \( z = 0 \) instead of fixed points. We note that high values of angular momentum \( \ell \) strongly modify the equilibrium point landscape, suppressing the low-\( r \) equilibrium points [see Fig. 2(a)].

Rotating bound states are characterized by both radial \( v_r \) and tangential \( v_\parallel \) velocities, the latter being associated with the conserved angular momentum. For simplicity, we focus on the initial states of atoms with purely tangential and opposite velocities, \( k_B T = m v_\parallel^2 \), neglecting thus any initial radial velocity, although it may appear dynamically. A phase diagram for the \( r \approx \lambda \) and \( \ell = 0.09 \) (corresponding to an initial temperature \( T = 1 \mu K \)) states is presented in Fig. 6, where the escape time \( \tau \) has been computed following the same procedure as before. Let us first remark that the purely bounded to metastable transition is no longer delimited by a sharp transition, in contrast to the \( \ell = 0 \) case. For \( \ell \neq 0 \), this energy shift varies nonlinearly according to the field pump strength \( \Omega / \Gamma \), allowing dynamically stable bound states for \( \delta > \delta_0 \), including the resonant line. The stable phase for \( \ell \neq 0 \) covers a larger part of the phase diagram, so the introduction of an angular momentum in the system allows one to reach bound states for ranges of parameters where they do not exist at \( \ell = 0 \).

An estimation of the stability criterion for rotating bound states can be obtained via the following analysis: We consider rotating states with a large interparticle distance (\( r \gg \lambda \)) where the initial kinetic energy is associated only with the rotational degree of freedom, \( k_B T = m v_\parallel^2 \) and \( v_\parallel = 0 \). The conservation of the angular momentum \( L = m r v_\perp / 2 \) implies that over a displacement of \( \delta r = \lambda / 2 \) necessary to escape the radial potential well \( \delta V = -4\pi \hbar \Omega^2 / 3 \pi (r^2 + 4 \Delta^2) \), only a portion of the kinetic energy \( \delta E = m v_\perp^2 \Delta^2 / 2 r \) is transferred to the radial degree of freedom. This leads to the stability transition law,

\[
T_r / T_{Dopp} = \frac{8}{\pi} \frac{\Omega^2}{\Gamma^2 + 4 \Delta^2}.
\]

A systematic numerical study of the stability of rotating bound states, tuning their angular momentum, initial interparticle distance, and temperature, shows an excellent agreement with Eq. (23).

Let us first comment that the diagram of the \( \ell \neq 0 \) case presents lifetimes for the metastable states which are much longer than for the \( \ell = 0 \) case (see Fig. 6). Moreover, Eq. (23) differs substantially from the \( \ell = 0 \) case in that the distance between the atoms has disappeared: In other words, for a given angular momentum, rotating pairs of bound states will be stable below a certain kinetic energy which does not depend on their distance. Thus, the presence of a conserved angular momentum strongly promotes the stability of the system, and is particularly promising for the optical stabilization of macroscopic clouds.
This dynamical stabilization of optical binding in frictionless media is an important feature since it opens the possibility of enhanced long-range and collective effects in cold atoms and beyond.

V. CONCLUSIONS

In conclusion, our study of optical binding in cold atoms has allowed us to recover the prediction of the optical binding of dielectric particles for negative detuning, where the viscosity of the embedding medium is replaced by a diffusive Doppler cooling analog. For positive detuning, we find a metastable region, as Doppler heating eventually leads to an escape of atoms from the mutually induced dipole potential. We also identified a dynamical stabilization with rotating bound states. We have shown that pairs of cold atoms can exhibit optically bound states in vacuum. The absence of nonradiative damping in the motion allows for a different class of dynamically bound states. While this demonstration of optical binding for a pair of particles paves the way for the study of this phenomenon on larger atomic systems, the generalization of these peculiar stability properties will be an important issue to understand the all-optical stability of large clouds.

One interesting generalization is the study of optical forces in astrophysical situations. Whereas radiation pressure forces are well studied and participate, for instance, in the determination of the size of a star, dipole forces are often neglected [28]. The possibility of trapping a large assembly of particles in space would allow us to consider different approaches in astrophysical imaging [15,29] and could shed additional light on the motion of atoms such as the abundant hydrogen around high-intensity regions of galaxies, where even small corrections to pure gravitational attraction might be important [30].

In the context of cold-atom light scattering, an important issue is the one of stochastic processes due to spontaneous emission. In order to obtain more complete predictions on the possibility to optically bind atoms, one may, for example, implement a Langevin dynamics to study the effect of stochastic processes on the stability diagram. This may also be relevant to account for collective diffusion or collisions as one considers many-atom systems.

ACKNOWLEDGMENTS


APPENDIX

The phase diagram of the $r \approx 2\lambda$ equilibrium point is shown in Fig. 7: The pair of atoms presents a higher threshold in pump strength to become stable, in order to compensate for their weaker interaction at a larger distance.

FIG. 7. Stability diagram for the equilibrium point around $r \approx 2\lambda$.