Coherent Backscattering of Light by Cold Atoms

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Light propagating in an optically thick sample experiences multiple scattering. It is now known that interferences alter this propagation, leading to an enhanced backscattering, a manifestation of weak localization of light in such diffuse samples. This phenomenon has been extensively studied with classical scatterers. In this Letter we report the first experimental evidence for coherent backscattering of light in a laser-cooled gas of rubidium atoms.

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Transport of waves in strongly scattering disordered media has received much attention during the past years when it was realized that interference can dramatically alter the normal diffusion process [1–3]. In a sample of randomly distributed scatterers, the initial direction of the wave is fully randomized by scattering and a diffusion picture seems an appropriate description of propagation when the sample thickness is larger than the scattering mean free path [4]. This model neglects all interference phenomena and predicts a transmission of the medium inversely proportional to sample thickness. This is the familiar Ohm law. However, interferences may have drastic consequences such as a vanishing diffusion constant [5]. In this situation, the medium behaves like an insulator (strong localization). Such a disorder-induced transition has been reported for microwaves and for light [6]. In fact, even far from this insulating regime, interferences already hamper the diffusion process (weak localization). This has been demonstrated in coherent backscattering (CBS) experiments. When a static sample of randomly distributed scatterers is illuminated by a coherent wave, a well-known speckle pattern is obtained for the scattered wave intensity. In the multiple scattering regime, this pattern is washed out by configuration averaging, except in a small angular range around the backscattering direction where constructive interferences originating from reciprocal light paths enhance diffuse reflection from the sample [7]. This effect has been observed for light in a variety of different media such as powder suspensions, biological tissues or Saturn’s rings [8], as well as for acoustic waves scattered by metallic rods [9]. Among other interesting features, such as universal conductance fluctuations [10] or lasing in random media [11], CBS is a hallmark of coherent multiple scattering.

Atoms as scatterers of light offer new perspectives. The achievements of laser-cooling techniques [12,13] in the past decade now allow one to manipulate and control samples of quantum scatterers. Cold atoms are unique candidates to move the field of coherent multiple scattering to a quantum regime (quantum internal structure, wave-particle duality, quantum statistical aspects). For instance, the coupling to vacuum fluctuations (spontaneous emission) is responsible for some nonclassical properties of the scattered light (inelastic spectrum [14,15]). Also, information encoding in atomic internal states can erase interference fringes such as in “which-path” experiments [16]. Furthermore, it is now possible to implement situations where the wave nature of the atomic motion is essential [13].

In our experiment, the scattering medium is a laser-cooled gas of rubidium atoms which constitutes a perfect monodisperse sample of strongly resonant scatterers of light. The quality factor of the transition used in our experiment is $Q = \nu_{at}/\Delta \nu_{at} = 10^8$ (D2 line at $\lambda = c/\nu_{at} = 780$ nm, intrinsic resonance width $\Delta \nu_{at} = \Gamma/2\pi = 6$ MHz). The scattering cross section can thus be changed by orders of magnitude by a slight detuning of the laser frequency $\nu_L$. This is a new situation compared to the usual coherent multiple scattering experiments where resonant effects, if any, are washed out by the sample polydispersity. Moreover, in our sample, the duration $\tau_D$ (delay time) of a single scattering event largely dominates over the free propagation time between two successive scattering events: for resonant excitation ($\delta = \nu_L - \nu_{at} = 0$), this delay is of the order of $\tau_D = 2/\Gamma = 50$ ns, corresponding to free propagation of light over 15 m in vacuum. In such a situation, particular care must be taken to observe a CBS effect. Indeed, when atoms move, additional phase shifts are involved. Configuration averaging will only preserve constructive interference between reciprocal waves if the motion-induced optical path change $\Delta x$ does not exceed one wavelength [17]. A rough estimate is $\Delta x = v_{ms} \tau_D < \lambda$, a criterion which can be written in the more appealing form $k v_{ms} < \Gamma$. Thus, for resonant excitation, the Doppler shift must be small compared to the width of the resonance. For rubidium atoms illuminated by resonant light, one finds $v_{ms} < 4.6$ m/s corresponding to a temperature $T = 200$ mK. Much lower temperatures are easily achieved by laser cooling, thus allowing observation of interference features in multiple scattering. However, up to now, only incoherent effects in multiple scattering, such as radiation trapping [18], have been investigated in cold atomic vapors [19].
We prepare our atomic sample by loading a magneto-optical trap (MOT) from a dilute vapor of rubidium 85 atoms [12] (magnetic gradient $\nabla B \approx 7 \text{ G/cm}$, loading time $t_{\text{load}} = 0.7 \text{ sec}$). Six independent trapping beams are obtained by splitting an initial laser beam slightly detuned to the red of the trapping transition (power per beam 30 mW, beam FWHM diameter 2.8 cm, rubidium saturation intensity $I_{\text{sat}} \approx 1.6 \text{ mW/cm}^2$, $\delta \approx -3\Gamma$). The repumper is obtained by two countering beams from a free running diode laser tuned to the $F = 3 \rightarrow F' = 3$ transition of the D2 line. Fluorescence measurements yield $N \approx 10^9$ atoms corresponding to a spatial density $n_{\text{at}} \approx 2 \times 10^9 \text{ cm}^{-3}$ at the center of the cloud (Gaussian profile, FWHM diameter $\approx 7 \text{ mm}$). The velocity distribution of the atoms in the trap has been measured by a time-of-flight technique to be $v_{\text{rms}} = 10 \text{ cm/s}$, well below the limit imposed by the above velocity criterion. To observe coherent backscattering of light, we alternate a CBS measurement phase with a MOT preparation phase. During the CBS phase, the magnetic gradient, the repumper, and the trapping beams of the MOT are switched off (residual power per trapping beam 0.2 $\mu$W). The CBS probe beam (FWHM $\approx 6 \text{ mm}$, spectral width $\Delta \nu_L \approx 1 \text{ MHz}$) is resonant with the closed trapping transition of the D2 line: $F = 3 \rightarrow F' = 4$. A weak probe is used to avoid saturation effects (power 80 $\mu$W, on-resonant saturation $s = 0.1$). The optical thickness of the sample, measured by transmission, is $\eta = 4$ and remains constant, within a few percent, through the duration of the CBS measurement phase (2.5 ms). The corresponding extinction mean free path $\ell = 2 \text{ mm}$ is consistent with an estimation deduced from our fluorescence measurements, taking a scattering cross section from our fluorescence measurements, taking a scattering cross section at resonance $\sigma_{\text{res}} = 3 \lambda^2/2\pi$.

The CBS detection setup is shown in Fig. 1. It involves a cooled charge-coupled device (CCD) camera in the focal plane of a converging lens ($f = 500 \text{ mm}$). A polarization sensitive detection scheme, generally allowing one to eliminate the single scattering contribution [20], is used for signal recording in various polarization channels.

For a linear incident polarization, we record the scattered light with linear polarization parallel (“parallel” channel) or orthogonal (“orthogonal” channel) to the incident one. We also use a circular incident polarization by inserting a quarter-wave plate between the beam splitter and the sample. In the “helicity preserving” channel the detected polarization is circular with the same helicity (sign of rotation of the electric field referenced to the wave propagation direction) as the incident one: as an example, no light is detected in this channel in the case of the back-reflection by a mirror. This is the channel mostly used in previous studies, because it allows one to eliminate the single scattering contribution (for dipole-type scatterers). The “helicity nonpreserving” channel is obtained for a detected circular polarization orthogonal to the previous one. Teflon or dilute milk samples were used to pinpoint the exact backward direction, to cross-check the polarization channels, and to test the angular resolution of our setup ($\approx 0.1 \text{ mrad}$). During the MOT phase (duration 10 ms), the probe beam is switched off while the MOT is switched on again to recapture the atoms. Meanwhile, the CCD has to be protected from the intense fluorescence light from the MOT (total radiated power $\approx 4 \text{ mW}$). This is accomplished by a synchronized chopper interrupting the detection path (not represented in Fig. 1). After this phase a new atomic sample is reproduced. The whole sequence is repeated for a typical duration of 1 min with a typical detected flux of 1800 photons/pixel/sec. A “background” image, representing less than 10% of the full signal level (due mainly to scattering from the probe by hot atoms in the cell), is subtracted from the “CBS” image to suppress stray light contributions.

Figure 2 shows the CBS images obtained from our laser-cooled rubidium vapor in the various polarization channels. We clearly observe enhanced backscattering in all four polarization channels, whereas for a thick teflon sample we only found pronounced cones in the polarization preserving channels. This enforces the idea that low scattering orders are dominant in our experiment [21], which is not surprising considering the relatively small optical thickness of our sample. The intensity enhancement factors, defined as the ratio between the averaged intensity scattered in the exactly backward direction and the large angle background, are 1.06, 1.11, 1.08, and 1.09 for the helicity preserving, helicity nonpreserving, orthogonal, and parallel channels, respectively. A closer look at Fig. 2d reveals that the cone exhibits a marked anisotropy in the (linear) parallel polarization channel: the cone is found to be broader in the (angular) direction parallel to the incident polarization. This effect has already been observed in classical scattering samples and is also a signature of low scattering orders [21].

For a more quantitative analysis of the CBS cone, we report in Fig. 3 a section of image 2a (helicity nonpreserving channel), taken after an angular average was performed on the data (this procedure is justified.
FIG. 2. (color) Atomic CBS images in the circular and linear polarization channels. For each channel, the inset shows the incident (red) and detected (blue) polarization. Data (a) and (b) correspond to the helicity nonpreserving and preserving channels (circular polarization). Data (c) and (d) correspond to the orthogonal and parallel channels (linear polarization).

when the cone is isotropic, as in Fig. 2a). The measured cone width $\Delta \theta$ is about 0.57 mrad, nearly 6 times larger than our experimental resolution. On the same plot is shown a calculation (smooth curve) involving double scattering only [7]. This calculation is done with our experimental value $\ell = 2$ mm but leaves the enhancement factor as a free parameter. If the similarity between the two curves is striking, we stress here that no real quantitative statement is in order at this point (as could be suggested by the seemingly observed agreement between the curves’ widths). Indeed our medium does not fulfill the assumptions underlying the calculation (double Rayleigh scattering in a semi-infinite medium).

We plan, in further studies, to investigate in more detail the contributions of different scattering orders by carefully analyzing the CBS cone shape.

One important aspect in CBS studies has always been the enhancement factor in the backscattering direction, due to the constructive interferences between reciprocal paths. In the helicity preserving channel, this enhancement factor is known to be 2 for independent scattering by classical scatterers [22], as single scattering can be ruled out in that polarization channel. However, in our experiment with cold atoms, we measured a backscattered enhancement of 1.06 in the helicity preserving channel, clearly less than 2. This reduction cannot be attributed to the experimental resolution, as we have measured enhancement factors on milk (using a dilution giving the same cone width as the atomic one) of 1.8. However, in our situation several effects could reduce the cone contrast. Some are not specific to the atomic nature of the sample, but are rather due to the particular geometry in our situation (spherical shape and quasi-Gaussian density distribution of the atomic cloud, Gaussian intensity profile of the probe beam). We are currently investigating these finite-size effects using a Monte Carlo simulation. Other effects arise from the internal structure of the scatterers. The first one is depolarization due to single scattering. Because of the presence of several Zeeman sublevels in the ground state of rubidium atoms, Raman processes, i.e., light scattering with the change of the atomic internal sublevel, have to be considered. In such events, the polarization of the light scattered in the backward direction differs from the incident polarization, and single scattering is not fully eliminated even in the helicity preserving channel. Thus, the single scattering contribution appears as an additional background and decreases the apparent enhancement factor. However, even when this single scattering contribution is removed, we do not expect an enhancement factor of 2. Indeed, atoms in different internal states have different scattering cross sections (resulting from different Clebsch-Gordan coefficients). They can thus be seen as peculiar scatterers which can imbalance the amplitudes of the CBS interfering paths, leading to a decrease of the enhancement factor even in the helicity preserving channel. This subtle reduction mechanism for the enhancement factor is a direct consequence of the atomic internal structure. Calculations carried out for double scattering indicate that the enhancement reduction can be quite important [23]. Other phenomena might play an additional role in the cone reduction. For instance, with classical scatterers, the radiated and incident lights have identical frequencies (elastic scattering). This is no longer true for atoms.

FIG. 3. Atomic CBS cone in the helicity nonpreserving channel. The experimental profile is a section of the 2D image of Fig. 2a (after angular averaging). The smooth curve is a fit by a model assuming only double scattering, with the mean free path determined experimentally and the enhancement factor the only adjustable parameter.
where the resonant fluorescence spectrum displays inelastic structures in addition to the usual elastic component [14,15]. Because of Raman scattering, even in the weak saturation regime (weak probe intensity), atoms have a non-negligible probability to undergo inelastic scattering [15]. The role of these rather complex spectral properties in coherent backscattering has yet to be studied both theoretically and experimentally.

In summary we have reported the first observation of coherent backscattering of light by a sample of laser-cooled atoms. These first results indicate that in our system low scattering orders are dominant, as expected from optical thickness measurements. The exact value of the enhancement factor and the precise shape of the cone are not yet fully understood and require more experimental and theoretical investigations. Further experiments will include studies of the effect of the probe beam intensity (which determines the amount of inelastic scattering) and detuning. Detuning the laser frequency from resonance leads to an increased mean free path \( \ell = 1/(n_{at} \sigma) \). Indeed, we already observed that the measured width \( \Delta \theta \) of the coherent backscattering cone decreases when the probe frequency is detuned from resonance, as expected from the scaling \( \Delta \theta \propto \lambda/\ell \) [7].

It would be very interesting to extend these experiments to new regimes. Weak and strong localization of light in gaseous Bose-Einstein condensates and of atomic matter waves in random optical potentials certainly present a great challenge for the near future.

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[23] T. Jonckheere et al. (to be published).